



Killorglin Community & Family Resource Centre

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SUMMER 2026 Newsletter

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(Killorglin Family Resource Centre)



A Welcome Address from the New Chairperson

Dear Friends and Supporters of Killorglin Community and Family Resource Centre,

It is both an honour and a privilege to take up the role of Chairperson of this wonderful organisation, and I look forward to serving our community in the months and years ahead.

I would like to begin by paying tribute to our outgoing Chairperson, Paddy O'Donoghue, whose dedication, vision and steadfast commitment have been an inspiration to us all. Paddy's leadership has helped shape the Centre into the vital community resource it is today, and on behalf of the Board and the wider community, I wish him every happiness in the future.

I am also delighted to extend a very warm welcome to Máiréad O'Sullivan as our new Manager. Máiréad brings great energy and enthusiasm to the role, and I have no doubt she will be a tremendous asset to our team and to the people we serve.

The Centre continues to be a place of support, connection and opportunity for so many individuals and families across the Killorglin area, and I am excited to build on the strong foundations already in place.

I look forward to working alongside our dedicated Board, staff, and volunteers, and to engaging with all of you in the community in the coming months.

Ar aghaidh le chéile.

Susan McCarthy

Chairperson



A Message from Our New Manager

Hi everyone!

I'm delighted to introduce myself as the new Manager of Killorglin Community & Family Resource Centre. I've spent many years working in community development, social inclusion, and youth mental health, and I'm really excited to bring all of that experience to this role. Good governance and strong values matter hugely to me — and here at Killorglin CFRC, those values of Respect, Trust, Empowerment and Quality are at the heart of everything we do.

My number one goal is simple — to make this centre a place where everyone feels welcome and included. We already have so many wonderful services here and I can't wait to build on them together with you, the residents and the wider community across the Mid-Kerry area.

Our door is always open! Whether you'd like a chat over a cuppa, want to find out what programmes we offer, or have a suggestion for something new — please do come in. Every idea is welcome.

This centre belongs to all of us, and with your support, we can make it even better.

I really hope to see you soon!

Máiréad

Manager, Killorglin Community & Family Resource Centre

PROGRAMMES THAT WE OFFER

- PARENT SUPPORT
- PATHWAYS & REFERRALS TO COUNSELLING, ART & PLAY THERAPY
- CHILDCARE PROGRAMME
- WOMEN'S GROUPS
- MEN'S HEALTH
- CHILDREN'S ACTIVITIES
- FOOD BOXES
- DROP-IN
- WELL-BEING





Briefing with Oireachtas Members

Killorglin CFRC Management and Board would like to thank previous Board member Minister Michael Cahill and current Board Member Councillor Tommy Cahill for their attendance at the Political Engagement event at Buswells Hotel Dublin. Thanks also to all others in attendance and those who registered their support but could not attend.

Together, we will continue to make the case for strong, well-resourced Family Resource Centres at the heart of our communities.

Programmes and Workshops



Stay & Play

Our Stay & Play Group which ran for 6 weeks in Laune Childcare Centre was a great success. It was great to see the little ones exploring, learning and having fun alongside their parents/grandparents.

We hope to run the group again in the Autumn! As places are limited due to room size, keep an eye on our social media pages for updates and further details. Thank you to all who attended and we look forward to seeing you again soon.

Extraordinary Me



Celebrating Growth, Strengths and Kindness

Throughout the programme, the children were encouraged to recognise and celebrate their individual strengths, to notice and appreciate moments of joy in everyday life and to develop a greater sense of kindness—both towards others and towards themselves. Through reflection, creativity, discussion and play, they explored what it means to be unique and learn practical ways to nurture self-compassion and positive well-being.

The seeds of kindness, confidence and self-belief planted during Extraordinary Me will continue to grow long after the programme has ended.

The Sanctuary Programme



10-week transformative, neuroscience-informed programme

created and delivered by Claire Kingston, Advanced Practitioner in Life Coaching with Neuroscience, helping women rebuild confidence, self-worth, boundaries and emotional resilience in a safe and empowering space. Three rounds of the programme have now been successfully completed, with participants describing it as “life-changing”, “empowering” and “the first step back to themselves again”.

One participant shared:

“I feel like a different woman now, I've found myself again. I found my voice, I believe in myself now, and this is the start of me and my life again.”

Laune Childcare Service - Iveragh Park



Early Years Care

Now Enrolling for September!

Who: Children from age 2 years 8 months

When: Morning, part-time and full-time options available

Subsidies: ECCE (free preschool scheme) and NCS childcare subsidies accepted

What we offer: Play-based learning, expert care, in a safe, nurturing environment

Spaces for September fill fast! Get in touch today at launechildcareservice@gmail.com to book your place

Laune Childcare Service

Preschool

&

Afterschool Services

contact Eileen

launechildcareservice@gmail.com

087-0612736

What's Happening

1. Pre-School & After-School programmes provide a safe, nurturing environment for children to learn, play, and grow.

2. Parenting Programmes

Offering practical tools and guidance to support parents in every stage of family life.

3. Family Support Services - Our Family Support Worker works alongside families in a practical non-judgemental way, offering guidance, connection to resources or simply offering a listening ear.

LAUNE CHILDCARE SERVICE

WE ARE HIRING

EARLY YEARS EDUCATORS & CHILDCARE PRACTITIONERS

FULL TIME, PART-TIME AND FLEXIBLE HOURS
JOIN A TEAM WHERE YOU ARE TRULY VALUED!
CANDIDATE MUST HAVE A MINIMUM QQI LEVEL 5 IN CHILDCARE

Email your CV & Cover letter to launechildcareservice@gmail.com

Our Services

1

Preschool Service

Full-day care 8.30am - 5.30pm
Part-time care 8.30am - 1.30pm
Sessional care 8.30am - 11.30pm
Preschool (term time only) 9.00am - 12.00pm



2

Happy Hour

1.40pm - 2.40pm for Junior & Senior Infants



3

Afterschool Care & Homework Club

Junior club 1.40pm - 6.00pm
1st Class - 6th Class 2.40pm - 6.00pm
Collection from local Primary School



CONTACT US

How to Enroll

To enroll or find out more on the ECCE scheme or NCS subsidy please contact

Preschool: 0874853935

Afterschool: 0870612736

Landline: 066 9762933

or

Email: launechildcareservice@gmail.com



Autism Support Group

Our Autism Support Group is for parents/carers of children with autism. Meetings are run monthly. It is an informal space for families to meet up.

We have volunteers who will entertain the children while parents have a chat, offer support to each other and enjoy a cuppa. We are hoping to secure funding to enable these meetings to happen more often and also to plan events which will consist of workshops and information sessions.

Ukraine Support

As part of our Ukraine Support Work, we continue to support Ukrainian families as they settle into the community and access essential services.

Families can also access support from our Ukrainian Support Worker at the centre, who provides help, information, translation support, assistance with filling in forms, and ongoing guidance in a welcoming and understanding environment.

Як частина нашої роботи з підтримки України, ми продовжуємо допомагати українським сім'ям адаптуватися в громаді та отримувати доступ до необхідних послуг.

Сім'ї мають можливість отримати допомогу від нашого працівника з підтримки українців у центрі, що може надати необхідну інформацію, переклад, допомогу з заповненням різних форм, а також постійну підтримку та консультації в теплій, дружній атмосфері.

During the 1st quarter of 2026, we have seen an increase in community need across multiple areas - and our team has been there to respond

20+

Programmes delivered

across South Kerry

45%

Increase in food demand

vs Q1 2025

200+

Children & Families

supported

14

Staff training sessions

completed

Increase in demand

45% increase in food demand
Our Foodshare programme has seen a 45% rise compared to Q1 2025, driven by the rising cost-of-living pressures facing families in our area.

Growing need for ASD & educational assessments
More families are seeking early diagnosis and support for their children, with demand outpacing the availability of local services.

Expanded support for women’s safety & wellbeing
The Sanctuary programme continues to provide a safe, confidential space for women in the community through a 10-week group programme.

Childcare spaces under pressure
New housing developments in the area have driven a significant rise in demand for both early years and school-age childcare places.

Killorglin Family Resource Centre

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KIDS CROSSWORD CLUES

Across

1. Baby cat
4. Provides wool
5. Lays eggs
8. King of the Jungle
9. Man’s best friend

Down:

1. Australian sleepy bear
2. Has a trunk
3. Loves to gallop
6. Provides milk
7. Curly tail

w	w	A	T	E	R	P	B	O	T
A	P	R	I	L	R	L	I	W	R
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B	M	Q	P	A	P	E	R	X	H

- AIR
- PLASTIC
- APRIL
- RECYCLE
- BIRDS
- REDUCE
- CLEAN
- REUSE
- EARTH
- SEEDS
- GREEN
- TREES
- LIGHT
- WATER
- PAPER
- PLANT